

EARTHQUAKE READY BABY KIT

IS YOUR BABY TRYING TO TELL YOU SOMETHING?



TOTALLY UNPREPARED



THE BABY GO-BAG



Diapers: Even if you are not a fan of disposable diapers, you will want them in your baby quake kit. Diaper services are unlikely to be operating right after an earthquake, and you also may not have enough water for regular laundry.



Baby wipes: A water-free way to keep your baby clean.



Diaper rash and antibiotic creams: Staying clean may be hard. Antibiotic cream and diaper rash cream provide stop-gaps for preventing infection.



Baby formula and baby food: Stow some shelf stable food supplies you know your child will consume in the kit.



Pacifier and teething ring: Soothing the baby is obvious, and when things are out of whack, babies need even more soothing.



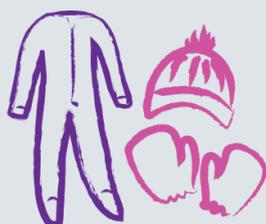
Bottled water: Enough water to keep baby hydrated for at least three days.



Baby appropriate first aid kit: Childrens' pain relievers, medications, small band-aids and other first aid supplies suitable for baby.



Headlamp & Flashing LED with attachment: Light your way hands-free so you can take care of your baby. Attach the LED to your baby so people will see her in the dark.



Warm change of clothing: Hat, mittens, coat, long pants, long sleeved shirt, socks, and shoes.



Body baby carrier: Even if you prefer to use a stroller, this will come in handy if you have to climb stairs or walk over rough ground with your baby. It will also keep your hands free to carry emergency supplies.



Bandana or hankie to use as dust mask



Small blanket to use for warmth and play area.



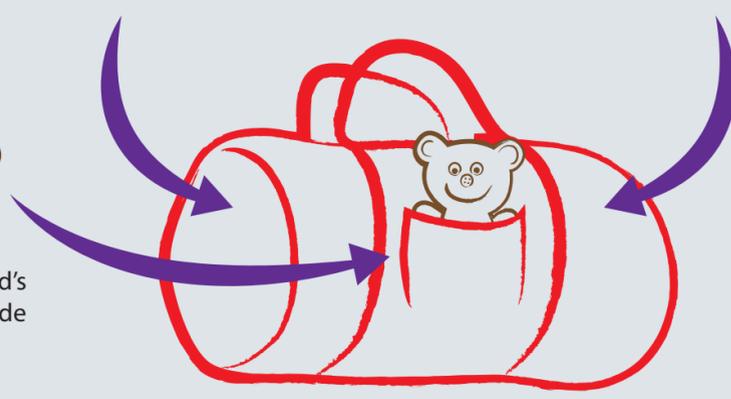
Large, heavy duty trash bag to keep used diapers in.



Bungee cord to attach the go-bag to underside of crib.



Favorite toy: Buy a duplicate of your child's favorite toy and include it in your baby kit.

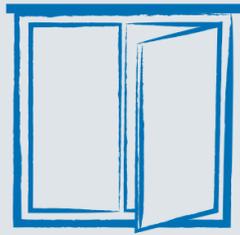


Bag to keep it all in: Pick a bag that will hold all your baby needs and that you can carry.

DON'T FORGET TO MAKE YOUR OWN GO-BAG. YOUR BABY NEEDS YOU TO TAKE CARE OF YOURSELF SO YOU CAN TAKE CARE OF HER.

<http://www.totallyunprepared.com/make-a-personal-earthquake-kit/>

BE SURE TO SECURE BABY'S ENVIRONMENT:



Child-proof latches on all cabinets



Secure tall furniture in baby's room



Secure pictures and mobiles with quake-safe hooks



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